

## **Mental Health Resources**

There are a variety of mental health supports available to families. South Bend Community Schools is grateful to [CASA](#) for their support in providing the list of providers and is grateful to [Oaklawn](#) for their continued partnership, programming, and support.

### **General Supports**

<http://www.thefamilygateway.net> An online mental health resource for families, educators, and child-serving professionals in the Elkhart and St. Joseph Counties in Northern Indiana. It includes downloadable materials and a searchable database of local mental health professionals.

<http://www.Oaklawn.org> Elkhart and St. Joseph County's Community Mental Health Center's website, which includes a referral feature for Schools. The Center's access number is 574-283-1234.

Agency Name	Services Provided	Telephone & Fax Numbers
A Beautiful Mind <a href="http://www.Abeautifulmindinfo.com">www.Abeautifulmindinfo.com</a>	Counseling therapy for all ages; individuals, couples, and family; psychological testing, emotional/behavioral; LD/ADHD testing; vocational interests and aptitude testing	574-243-9370 Fax: 574-243-9375
Adult Protective Services	The Adult Protective Services (APS) Program was established to investigate reports and provide intervention and protection to vulnerable adults who are victims of abuse, neglect, or exploitation.	574-235-5092 800-626-8320 Fax: 574-235-9734
Advanced Medical Computing (Family Counseling Services)	Family Counseling, accepts Medicaid	574-232-5065
Alcohol Addictions Resource Center <a href="http://www.aarcinfo.org">www.aarcinfo.org</a>	Alcohol and other drug prevention, education, information, referral and intervention services	574-234-6024 fax: 574-234-6025
Bashor Children's Home <a href="http://www.bashor.org">www.bashor.org</a>	Day treatment, Alternative school, Emergency shelter care, residential continuum,, secure residential program	574-875-5117 fax: 574-875-5284
Battell Community Center <a href="http://mishawaka.in.gov/battellcenter">http://mishawaka.in.gov/battellcenter</a>	People of all ages & interests: <b>affordable</b> classes, recreation and club activities, and to enjoy the entertainment of theater, music, and much more.	Located at 904 N. Main St, Mishawaka Phone (574) 258-1667 Fax (574) 258-1736
Benchmark Family Services <a href="http://www.benchmarkfamilyservices.org">www.benchmarkfamilyservices.org</a>	Benchmark Family Services is a network of professional, therapeutic foster homes and committed staff across four states with the goal of providing stable out-of-home placements for children in need.	Located at 1818 Went Street, Mishawaka 574.252.5204 Fax: 574.252.5207
Big Brothers Big Sisters <a href="http://www.bbbs-sjc.org/enrolling.html">http://www.bbbs-sjc.org/enrolling.html</a>	Helps children to develop positive growth by enabling them to interact with adult volunteers on a one-to-one basis under professional supervision.	Phone:574.232.9958 Fax:574.232.9391 E-mail: <a href="mailto:info@bbbs-sjc.org">info@bbbs-sjc.org</a>

Bonhomie Counseling	Family & individual counseling of all ages, also offer marriage & substance abuse counseling	574-293-5991 fax: 574-293-5429
Bowen Center	Mental health treatment, residential placement, out-patient services	800-342-5653 fax: 574-269-3995
Boys' and Girls' Club	Positive place for kids. Provides programs to enhance physical, social, educational, vocational, and character development of boys and girls from age 5 through 18 years.	574-232-2048
CAPS <a href="http://www.capselkhart.org">www.capselkhart.org</a>	Child And Parent Services is a non-profit organization dedicated to the cause of ensuring that every child in Elkhart County has the benefit of safe, stable, nurturing relationships in their childhood. Through education, advocacy, and intervention, CAPS works with others in the community to build strong families, safe environments, and a life free from abuse and neglect for every child. Services at CAPS: Building Blocks, CASA, CFAC, Healthy Families, Parent Aide, Positive Parenting and Supervised Visits.	574.295.2277 Fax-574.295.7642 <a href="mailto:caps@capselkhart.org">caps@capselkhart.org</a>
CASA Office <a href="http://www.sjccasa.org">www.sjccasa.org</a>	Child advocates for abuse/neglected children in the juvenile court system, volunteer organization	574-233-CASA (2272) <a href="mailto:casa@jjconline.org">casa@jjconline.org</a> fax: 574-235-5553
CASIE Center	Conduct forensic interviews of children, handle truancy of younger children, special victims unit	574-282-1414 fax: 574-232-4415
Catholic Charities <a href="http://www.ccfwsb.org/">http://www.ccfwsb.org/</a>	Multi-service agency providing social services to families. It provides services to people of all religious faiths and beliefs to include: counseling services, pregnancy services, adoption services, refugee resettlement, food pantry	574-234-3111 Fax: 574-289-1034

Catholic Workers' House	Feed & shelter homeless	574-235-0623 (Men's house) 574-287-7734 (Women's house)
Center for the Homeless	Emergency shelter, education services, employment & homeownership assistance, mental health & addiction services	574-282-8700 fax: 574-287-5023
Center for Positive Change <a href="http://www.centerforpositivechange.org">www.centerforpositivechange.org</a>	Batterer's Intervention Program, Mental Health Services, Substance Abuse and Addiction Services	574-360-4066
The Children's Dispensary and Hospital Association, Inc <a href="http://www.childrensdispensary.org/">http://www.childrensdispensary.org/</a>	Offers programming for children and teens with learning disabilities, attention deficit disorder, and attention deficit hyperactivity disorder. A parent advocacy group meets monthly while students are in session.	(574) 234-1169 Fax (574) 234-1160
Child Support for St. Joseph County	Enforce & case manage child support payments	574-235-5371 fax: 574-235-5501
Christ Child Society	Family must have referral from an area agency, church, school, or neighborhood center. Provides layettes for babies and new winter clothing for children through age 12	(574) 288-6028
Christian Haven	Day Treatment program, family preservation and reunification services, group home, males	219-956-3125 fax: 219-956-4128
Community Coordinated Child Care <a href="http://www.4csindiana.org/">http://www.4csindiana.org/</a>	Information about different types of child care available, including for special needs	289-7815 Fax: 289-1922
Court Ordered Substance Abuse Treatment, (COSAT)	Court ordered treatment for children/adolescents with alcohol/drug problems	574-235-5404 fax: 574-235-5458
Court Substance Abuse Program, (C-SAP)	Court ordered addiction classes for adults	574-235-9594 fax:574-235-5019

Damar Services, Inc. <a href="http://www.damar.org">www.damar.org</a>	Behavior management and mental health counseling,, group home, community living program, open campus program, secure program, mental retardation programs (IQ's 75 & below), transitional/independent living	317-856-5201 fax: 317-856-2333
Department of Child Services (DCS)	Investigate and case manage abused and neglected children	574-232-3042 800-800-5556 report child abuse fax: 574-236-5400
Detention Center, St. Joseph County, juveniles	Secure, court ordered placement for juvenile offenders	574-235-5385 fax: 574-235-5342
Division of Family and Children (DFC) <a href="http://www.in.gov/fssa/dfr">www.in.gov/fssa/dfr</a>	Public assistance, TANF, food stamps, Medicaid (privatized)	800-403-0864 fax: 574-236-5400
Dockside Services	Therapeutic foster care, substance abuse treatment, individual & family counseling, outpatient services	574-299-8595 fax: 574-299-8598
Domestic Relations Counseling Bureau (DRCB)	Court ordered domestic relations assistance, investigates situations related to child custody, visitation, etc.	574-235-9662 fax: 574-235-5029
Families First Center <a href="http://www.familiesfirstcenter.org">www.familiesfirstcenter.org</a>	Supervised and unsupervised visitation, parenting classes (young children & adolescents)	574-287-4375 fax: 574-288-0691
Family Focus	Home-based services, parenting classes, home-based therapy, case management services, homemaker/parent aid, visitation services	1-800-582-4198 fax: 219-873-9526
Family Violence & Special Victims Unit	Interviewing of victims and perpetrators victim advocates, policing agency at CASIE center	574-235-7818 fax: 574-235-7817
First Steps <a href="http://www.in.gov/fssa/4655.htm">www.in.gov/fssa/4655.htm</a>	Provides early intervention services to infants/young children with disabilities experiencing developmental delays	574-293-2813 fax: 574-293-2300
Family Justice Center	Battered men & women seeking services	574-234-6900 fax: 574-234-6906

Family Learning Center	Psychological testing, individual and family counseling	574-232-1405 fax: 574-232-0124 24 hour Crisis Line: 289-HELP
Family Life Center	Extension of Hope Rescue Mission provides shelter, food, & education services (parenting, life skills, employment readiness, etc.) to the homeless (women & children only)	574-235-4150 fax: 574-289-7801
Four County Counseling Center <a href="http://www.fourcounty.org">www.fourcounty.org</a>	Behavioral health facility, emergency services, acute care, residential, day treatment, addictions, home-based services, etc.	574-722-5151 (Logansport) fax: 574-722-9523 800-552-3106
Friendship Home, Inc.	Group home (females only), independent living	765-883-5507 fax: 765-883-8248
Gibault, Inc. <a href="http://www.gibault.org">www.gibault.org</a>	Day Treatment, respite care, emergency shelter care, Intensive Sexual Intervention Systems (ISIS), psychiatric residential treatment, asperser's program, independent living	812-299-1156 fax: 812-299-0118
Hannah's House <a href="http://www.maternityhomewithaheart.org">www.maternityhomewithaheart.org</a>	Maternity home, shelter and support for all ages of women, children cannot stay	574-254-5309 fax: 574-254-5310
Healthy Families <a href="http://www.hmresources.org">www.hmresources.org</a>	Staff work with young families (must be enrolled during pregnancy or 0-3mos.) at risk for child abuse, parenting skills & child development	574-287-0541 fax: 574-287-0547
Home Management Resources	Parenting & life management classes	574-233-3486 fax 574-234-7220
Hope Rescue Mission	Provides shelter, food, & education services (parenting, life skills, employment readiness, etc.) to the homeless (men only)	574-288-4842 fax: 574-235-7970
Indiana Department of Corrections, juveniles	Secured correctional facility for juveniles	317-244-3387 (Indianapolis) fax: 317-244-4670

Indiana Developmental Training Center (IDTC)	Intensive locked unit, dually diagnosed with unpredictable/uncontrollable behavior	317-815-0505 fax: 574-815-8446
Indiana Legal Services	A nonprofit law firm that provides free civil legal assistance to eligible <a href="http://www.indianajustice.org/Home/PublicWeb/Eligibility">http://www.indianajustice.org/Home/PublicWeb/Eligibility</a> low-income people throughout the state of Indiana. ILS helps clients who are faced with legal problems that harm their ability to have such basics as food, shelter, income, medical care or personal safety	574-234-8121 800-288-8121 toll free fax: 574-239-2185
Indiana Resource Center for Families with Special Needs (IN*SOURCE) <a href="http://www.insource.org">www.insource.org</a>	Parents, professionals, and persons with disabilities who provide training, technical assistance, information and support to individuals with disabilities, parents and surrogate parents in their roles as advocates for themselves and/or for their infants, toddlers, children, youth and young adults with disabilities.	234-7101 800-332-4433 Fax: 574-232-7279
Intrigue Counseling <a href="http://www.Intriguecounseling.com">www.Intriguecounseling.com</a>	Small counseling center, private practitioners, individual, family & marital counseling	574-234-3515 fax: 574-234-3565
J & J Community Resources <a href="http://www.michianaresources.com">www.michianaresources.com</a>	Website that lists extensive community resources for a variety of services	
Juvenile Justice Center (JJC)	Building includes juvenile probation, juvenile detention, child support, clerk's office, CASA, Department of Child Services (DCS), Madison Center Residential, Central Academy, day reporting, juvenile courtrooms, & judge's chambers	574-235-5347
KidsPeace National Centers <a href="http://www.Kidspeace.org">www.Kidspeace.org</a>	Foster care licensing and provider	574-237-1046 fax: 574-237-1048

Kokomo Academy	Males only, intensive placement for those at-risk, mental health needs, failed placement, drug/alcohol issues	765-452-9989 fax: 765-452-2244
Kroc Family Resource Center <a href="http://mykroc.org/family/">http://mykroc.org/family/</a>	Food pantry, financial assistance, community garden, Christmas assistance	574-233-9471
La Casa De Amistad <a href="http://www.lacasadeamistad.org/">http://www.lacasadeamistad.org/</a>	Youth and adult center on the west side of South Bend. Addresses the needs of area Hispanics through organized activities and support.	574-233-2120
Ladoga Academy	Females only, intensive placement for those at-risk, mental health needs, failed placement, drug/alcohol issues	765-942-2333 fax: 765-942-2344
LaSalle Academy	Public Middle School in the South Bend Community School District	574-283-7500 574-283-7513



Legal Services Indiana	Free legal representation in civil matters (custody, divorces, most family law, no CHINS cases)	574-234-8121 fax: 574-239-2185
Life Treatment Centers	Addiction treatment for indigent adults	574-233-5433 fax: 574-239-6407
Lifeline Youth & Family Services, Inc. (Black Lake Lodge) <a href="http://www.lifelineyouth.org">www.lifelineyouth.org</a>	intensive home-based services, home-based therapy, home-based independent living services, sex offender residential programs, short-term intensive care program	1-800-509-6884 fax: 260-745-0234
Lincoln Therapeutic Partnership	Individual & family counseling, specializes in sexual abuse, both victims & perpetrators	574-255-4976 fax: 574-255-1882 lincolncounseling@sbcglobal.net
Literacy Council of St. Joseph County	Volunteer organization that provides tutors to teach adults to read and write. ESL instruction for adults.	574-235-6229
Logan Center	Helps people with developmental disabilities discover their potential	574-289-3945 fax: 574-234-2075
Memorial Epworth	Psychiatric treatment for 13-17 year old adolescents and adults, inpatient services, 24 hour care and assessments	647-8400
Meridian Health Services <a href="http://www.meridianhs.org">www.meridianhs.org</a>	Mental Health Services/counseling; accepts Medicaid	574-254-0229 (Mishawaka) Fax: 574-254-0188
Michiana's Behavioral Health Center (BHC)	Psychiatric hospital, in & out-patient, drug dependency, acute services, partial hospitalization, etc.	1-800-795-6252 fax: 574-936-2887
Mindsight Consultant	Conduct polygraph examinations	219-873-9134 fax: 219-874-0122
Minority Specialized Care	Specialized foster care (i.e. children with behavioral problems, mental retardation, etc.)	812-941-9258 fax: 812-941-0892
Morningstar Girls' Home	Group home for mild to moderately mentally challenged, pregnant teens, or teens with young children	574-753-4022 fax: 574-737-7076
Notre Dame Legal Aid Clinic	Free legal representation, must be referred, civil only, no divorce, support, or custody, will take CHINS cases	574-631-7795 fax: 574-631-6725

Oaklawn <a href="http://www.oaklawn.org">www.oaklawn.org</a>	Therapeutic foster care, child/adolescent residential, sex offender treatment, drug/alcohol treatment, secure residential, acute services	574-533-1234 Goshen fax: 574-537-2790 574-283-1234 South Bend fax: 574-280-4605
Paternity, St. Joseph County	Establish biological parents	574-235-5709 fax: 574-235-7889
Peaceful Resolutions Counseling	Counseling Services for all ages, accepts Medicaid	765-914-7063
Pendleton Correctional Facility	<a href="http://www.in.gov/idoc/2411.htm">www.in.gov/idoc/2411.htm</a>	765-778-3778 fax: 765-778-5211
Penn-Harris-Madison School Corporation <a href="http://www.phm.k12.in.us">www.phm.k12.in.us</a>	School system	574-259-7941 fax: 574-258-9547
Pierceton Woods Academy	Secured residential component, group homes, an alternative school, and recreational facilities	574-594-9200 fax: 574-594-2248
Portage Manor	Full residential program for physically & mentally impaired	574-272-9100 fax: 574-277-3486
Prenatal Care Coordination Program	Helps reduce barriers to early prenatal care, initiates enrollment in Hoosier Healthwise or medical referrals to WIC, food pantries, counseling, breastfeeding support education, parenting skills, support groups, pregnancy, and childbirth and nutrition information.	574-647-2170
Probation Department, St. Joseph County, juveniles	Supervise & case manage juvenile delinquents	574-235-5400 fax: 574-235-5342
Prosecuting Attorney's Office	Prosecutes for St. Joseph County	574-235-9544 fax: 235-9761
Resolute Treatment Facility <a href="http://www.resolutetreatmentcenter.com">www.resolutetreatmentcenter.com</a>	Males, intensive residential for sex offenders	317-630-5215 fax: 317-630-5221
Ryan's Place	Grief support for children, teens, and adults	574-535-1000
Safe Station	Temporary/emergency shelter for 12-18 years (homeless, runaways, etc.)	574-235-9396 fax: 574-235-5576
SAFY (Specialized Alternative for Families and Youth) <a href="http://www.safy.org">www.safy.org</a>	Train & license foster parents	888-261-1760 288-3447 fax: 260-422-4147

Samaritan Counseling Center <a href="http://www.sccsb.org">www.sccsb.org</a>	Counseling Services	574-277-0274
School City of Mishawaka	School system	574-254-4500 fax: 574-254-4585
Sister Maura Brannick Health Center	Health Care Services for those ineligible for Medicaid and Medicare and unable to pay	574-335-8222
South Bend Community School Corporation <a href="https://www.edline.net/pages/southbendcsc/">https://www.edline.net/pages/southbendcsc/</a>	School system	574-283-8000 fax: 574-283-8143
South Bend Mental Health Associates, Alan Wax Ph.D.	Psychological, parenting, and psychosexual assessments	574-255-1162 fax:574-255-1882
SPA Ministries Elkhart <a href="http://www.spaministryhomes.org/">http://www.spaministryhomes.org/</a>	Educational and faith-based residential home that offers women a safe environment to make positive and permanent life changes.	574-522-8338
St. Margaret's House <a href="http://www.Stmargarethouse.org">www.Stmargarethouse.org</a>	Day center for women & children, employment assistance, educational services, physical & mental health assistance, etc.	574-234-7795 fax: 574-234-7783
St. Vincent De Paul Society of St. Joseph County	Offer assistance to needy families through food, clothing and furniture assistance, emergency financial assistance, and our Christmas Basket Outreach Program.	574-234-6000 Fax: 574-968-0204
Victory Clinic Services	Substance abuse, Detox, Methadone, and maintenance	234-1524
The Villages of Indiana <a href="http://www.villages.org">www.villages.org</a>	Intensive therapeutic wraparound services, family services, foster care, special needs adoption program, independent living	1-800-765-5075 fax 574-294-2821
White's Residential & Family Services <a href="http://www.Whiteskids.org">www.Whiteskids.org</a>	Home-based services, therapeutic foster care, independent living, emergency shelter, residential, sex offenders, alcohol/drug abuse	574-291-9300 (South Bend office) fax: 574-291-9301
Whittington Homes & Services for Children & Families <a href="http://www.whittington.org">www.whittington.org</a>	Specialized/therapeutic foster care, St. Joseph County uses primarily for young mothers, independent/transitional living services	260-745-9431 fax: 260-745-0734

Women, Infants, and Children Program (WIC)	Support low-income women and children up to age 5 who are at nutritional risk by providing foods to supplement diets, information on healthy ...	647-2100 647-2175
Women's Care Center B.A.B.E. Program <a href="http://www.womenscarecenter.org/SouthBend.html">http://www.womenscarecenter.org/SouthBend.html</a>	Pregnancy Testing, Verification, Ultrasounds, Counseling, Parenting Classes & BABE: Provides diapers, cribs, clothing, and other baby items under an incentive system	234-0363 273-8986 234-0403 252-3680 24 hour hotline: 877-908-2341
WorkOne Northern Indiana <a href="http://www.in.gov/dwd/WorkOne">http://www.in.gov/dwd/WorkOne</a>	Provides programs that prepare people to enter or re-enter the workforce. Programs include the JobWorks program and IMPACT-for families receiving TANF	574-237-9675 574-239-2672 fax
YWCA <a href="http://www.ywcainc.org">http://www.ywcainc.org</a>	domestic violence, parenting classes, addiction treatment, inpatient & outpatient counseling, (women & children only)	574-232-9558 fax: 574-233-9113